



NUTRITIONAL INFORMATION

Rev. 3.1.24

Item	Serv Size	Cal	Fat Cal	Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Carbs g	Sugars g	Fiber g	Protein g	Sodium mg
BREAKFAST												
Bagel, Egg & Cheese	1	680	370	41	14	0	575	46	6	2	30	1380
Bagel, Egg & Cheese w/ Bacon	1	790	470	52	16	0	580	46	6	2	31	1450
Bagel, Egg & Cheese w/ Sausage	1	930	580	65	21	0	605	45	6	2	36	1655
Breakfast Bowl - Bacon	1	1310	1010	113	28	1.5	1125	34	6	1	39	2850
Breakfast Bowl - Fiesta	1	1270	970	108	29	0	1130	34	9	2	41	3340
Breakfast Bowl - Pancake	1	1050	510	57	17	0	605	101	69	1	31	1490
Breakfast Bowl - Sausage	1	1440	1115	125	32	1.5	1145	34	6	1	44	3060
Breakfast Burger	1	1200	690	77	24	1	665	73	13	7	58	2675
Cinnamon & Sugar Mini Donuts (18)	1	2005	1330	146	38	12	90	158.6	49	5	13	3210
Cinnamon & Sugar Mini Donuts (6)	1	720	480	54	13	6	30	60	18	2	5	1400
French Toast & Sausage	1	890	470	53	12	0	40	87	38	5	14	585
French Toast Stix	1	710	320	36	6	0	12	87	38	5	8	305
Ooey Goey Cinnamon Pancakes	1	1000	290	32	9	5	40	160	93	2	14	1260
Pancakes	1	630	120	14	3	0	25	116	73	2	9	740
Pancakes with Bacon	1	720	200	23	6	0	40	116	73	2	11	880
Pancakes with Sausage	1	760	220	25	7	0	55	117	73	2	9	1070
Platter - Bacon	1	1475	925	103	25	0	720	94	14	3	38	3190
Platter - Sausage	1	1565	995	111	28	0	735	94	14	3	42	3330
Sourdough Bacon, Egg & Cheese	1	770	490	54	16	0	580	38	5	0	29	1320
Sourdough Egg & Cheese	1	730	450	49	15	0	575	38	5	0	28	1250
Sourdough Ham & Cheese Omelet	1	560	300	33	10	0	280	39	5	0	24	1320
Sourdough Sausage, Egg & Cheese	1	910	600	66	21	0	600	38	5	0	34	1530
Sourdough Steak & Egg	1	730	450	49	15	0	575	38	5	0	28	1250
Ultimate Bagel	1	630	320	36	12	0	290	47	6	2	27	1520
BURGERS & SANDWICHES												
Cheeseburger	1	450	190	21	7	0	50	53	8	4	23	870
Chicken Melts - Crispy	1	622	299	33	6	0	85	46	3	1	29	1305
Chicken Melts - Grilled	1	460	149	16	3	0	79	37	3	1	28	1305
Classic Steakburger	1	415	160	18	5	0	40	52	8	5	21	665
Double Cheese Steakburger	1	615	300	33	13	1	100	54	9	4	35	1113
Garlic Parmesan Bacon Steakburger	1	950	610	68	21	1	130	39	3	0	40	1200
Gourmet Supreme Steakburger w/ Cheese	1	700	310	35	13	1	105	63	12	7	40	1300
Hamburger	1	410	160	18	5	0	40	52	8	4	21	665
Sourdough Bacon Swiss Steakburger	1	750	420	46	16	1	125	40	6	0	37	1070
Grilled Cheese	1	400	190	21	8	0	30	37	4	0	12	910
Sourdough Mushroom Swiss Steakburger	1	640	320	35	13	1	105	40	4	< 1g	35	980
Sourdough Philly Cheese Steak	1	510	210	23	8	0	55	46	7	2	27	1770
Sourdough Turkey Bacon Ranch	1	670	360	40	21	0	100	44	6	0	31	1600
The Beast Steakburger	1	2430	1450	161	71	6	630	68	13	7	183	3730
Turkey Turkey	1	454	158	18	4	0	68	60	10	3	27	1288
Ultimate Jalapeno Bacon Cheeseburger	1	945	560	61	22	1	168	55	8	5	52	1545
Western Steakburger	1	800	325	36	13	1	105	82	23	7	40	1620
CHICKEN STRIPS & WINGS												
2 Piece Chicken Strips	1	300	190	21	5	0	85	1	0	0	23	710
4 Piece Chicken Strips	1	540	320	35	8	0	170	2	0	0	45	1400
Saucy Boneless Wings												
w/ Buffalo-Garlic Parmesan	1	1030	765	55	20	0	190	6	0	1	7	1700
w/ Honey BBQ Sauce	1	675	320	35	8	0	170	32	27	1	1	2200
w/ Oriental Sauce	1	750	415	45	9	0	170	28	3	3	11	2145
w/ Sweet Thai Chili Sauce	1	735	320	35	8	0	170	2	0	0	45	1740
SALADS												
Crispy Garden Chicken Salad	1	455	290	32	11	1	114	8	3	2	30	1335
Grilled Garden Chicken Salad	1	291	138	15	8	0.5	109	7	3	2	28	1278
Garden Salad (No Chicken)	1	153	98	11	7	0.05	30	6	3	2	7	624
Crispy Oriental Chicken Salad	1	580	360	40	7	0.5	85	20	3	3	34	810
Grilled Oriental Chicken Salad	1	420	210	23	4	0.5	80	20	3	3	32	750

Oriental Salad (no chicken)	1	280	170	19	3	0.5	0	19	3	3	11	100
Side Garden Salad	1	60	35	4	3	0	10	4	2	2	3	220

Item	Serv Size	Cal	Fat Cal	Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Carbs g	Sugars g	Fiber g	Protein g	Sodium mg
DRESSINGS & SAUCES												
Honey Mustard	1	160	100	11	1	0	0	12	11	1	0	400
Oriental	1	210	90	10	1	0	0	28	21	0	0	750
Ranch	1	390	360	40	5	0	25	5	3	0	3	680
Raspberry Vinaigrette	1	70	0	0	0	0	0	18	18	0	0	550
Side BBQ 1.5 fl oz	1	90	0	0	0	0	0	20	17	0	0	465
Side Buffalo 1.5 fl oz	1	75	60	6	0	0	0	3	0	0	0	1320
Side Gravy 4.25 fl oz	1	85	55	6	1	3	0	11	2	0	0	500
Side Ketchup 1.5 fl oz	1	35	0	0	0	0	0	10	10	0	0	250
SIDES												
Side Fry	1	390	110	12	2	0	0	32	0	3	3	1455
Small Fry	1	460	135	15	3	0	0	46	0	4	4	1720
Medium Fry	1	520	165	18	3	0	0	59	0	6	6	1980
Large Fry	1	630	225	25	4	0	0	81	0	8	8	2400
Onion Rings	1	700	360	41	7	0	0	76	11	7	7	1710
Side Hash Brown	1	430	320	36	6	0	0	24	1	1	1	1370
Small Hash Brown	1	530	370	42	7	0	0	38	2	2	2	1665
Medium Hash Brown	1	630	410	47	8	0	0	51	3	3	2	1950
Large Hash Brown	1	830	510	58	9	0	0	77	5	5	5	2525
DESSERTS												
SHAKES												
Chocolate												
Small Chocolate Shake	1	500	150	17	13	0	25	85	69	1	1	320
Medium Chocolate Shake	1	670	200	22	17	0	25	118	95	2	2	450
Large Chocolate Shake	1	865	205	23	17	0	22	163	128	2	2	484
Strawberry												
Small Strawberry Shake	1	460	120	14	10	0	23	82	65	0	0	240
Medium Strawberry Shake	1	620	155	17	13	0	22	114	90	0	0	330
Large Strawberry Shake	1	870	200	23	17	0	25	163	128	0	0	480
Vanilla												
Small Vanilla Shake	1	370	120	14	10	0	25	62	47	0	0	240
Medium Vanilla Shake	1	480	150	17	13	0	25	84	63	0	0	330
Large Vanilla Shake	1	670	200	23	17	0	25	119	89	0	0	480
Banana												
Small Banana Shake	1	370	80	9	8	0	0	73	58	0	0	250
Medium Banana Shake	1	580	150	17	13	0	25	108	87	0	0	350
Large Banana Shake	1	800	200	23	18	0	25	151	121	0	0	510
Chocolate Banana												
Small Chocolate Banana Shake	1	500	140	15	11	0	25	89	74	0.6	<1g	290
Medium Chocolate Banana Shake	1	710	180	21	16	0	25	130	109	<1g	1	430
Large Chocolate Banana Shake	1	990	250	28	22	0	25	186	154	2	2	630
Strawberry Banana												
Small Strawberry Banana Shake	1	430	120	14	10	0	25	78	63	0	0	250
Medium Strawberry Banana Shake	1	580	150	17	13	0	25	108	87	0	0	350
Large Strawberry Banana Shake	1	730	160	18	15	0	0	147	117	0	0	510
Oreo												
Small Oreo Shake	1	500	170	19	11	0	25	103	69	2	3	415
Medium Oreo Shake	1	865	240	32	16	0	25	145	96	3	4	590
Large Oreo Shake	1	1180	380	43	22	0	25	220	144	4	7	915
Butterfinger												
Small Butterfinger Shake	1	530	180	20	14	0	25	88	64	1	1	320
Medium Butterfinger Shake	1	730	240	27	18	0	25	123	89	2	2	450
Large Butterfinger Shake	1	1000	330	36	25	0	25	173	125	3	3	650
Reese's												
Small Reese's Shake	1	550	210	24	14	0	25	84	67	1	4	360
Medium Reese's Shake	1	760	280	32	18	0	25	120	93	2	6	510
Large Reese's Shake	1	1040	380	43	25	0	30	164	130	3	7	720
Wild Cherry												
Small Cherry Shake	1	510	120	14	10	0	25	97	80	< 1g	0	340
Medium Cherry Shake	1	700	150	17	13	0	25	136	112	1	0	470
Large Cherry Shake	1	960	200	23	17	0	25	190	155	2	0	670

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DESSERTS												
MUDSLIDES												
Strawberry												
8 oz. Strawberry Mudslide	1	270	70	8	7	0	0	51	39	< 1g	< 1g	205
Small Strawberry Mudslide	1	410	105	12	10	0	0	77	61	1	1	305
Medium Strawberry Mudslide	1	565	145	16	14	0	0	106	85	2	2	420
Large Strawberry Mudslide	1	820	215	24	20	0	0	153	123	2	2	610
Oreo												
8 oz. Oreo Mudslide	1	400	110	12	8	0	0	73	56	2	2	290
Small Oreo Mudslide	1	540	150	17	11	0	0	97	73	2	3	390
Medium Oreo Mudslide	1	760	210	24	15	0	0	137	102	3	4	420
Large Oreo Mudslide	1	1080	300	34	22	0	0	195	145	4	5	790
Butterfinger												
8 oz. Butterfinger Mudslide	1	350	100	11	8	0	0	64	49	1	1	250
Small Butterfinger Mudslide	1	570	170	19	14	0	0	103	79	3	3	390
Medium Butterfinger Mudslide	1	810	240	26	19	0	0	146	112	4	4	550
Large Butterfinger Mudslide	1	1140	340	37	27	0	0	207	158	5	5	780
Reese's												
8 oz. Reese's Mudslide	1	360	110	13	8	0	0	62	50	1	2	260
Small Reese's Mudslide	1	600	190	22	14	0	< 5mg	99	82	2	5	430
Medium Reese's Mudslide	1	840	280	31	19	0	< 5mg	140	116	4	7	540
Large Reese's Mudslide	1	1190	390	44	27	0	5	198	164	5	10	850
M&M												
8 oz. M&M Mudslide	1	410	140	15	11	0	10	71	58	< 1g	3	230
Small M&M Mudslide	1	700	240	26	18	0	20	117	98	1	5	350
Medium M&M Mudslide	1	990	340	38	26	0	30	167	140	2	8	480
Large M&M Mudslide	1	1390	470	52	36	0	40	235	196	2	10	700
Reese's Pieces												
8 oz. Reese's Pieces Mudslide	1	410	130	15	12	0	0	67	55	1	4	260
Small Reese's Pieces Mudslide	1	690	230	26	20	0	0	110	91	2	9	420
Medium Reese's Pieces Mudslide	1	990	340	37	28	0	0	156	130	4	13	590
Large Reese's Pieces Mudslide	1	1380	470	51	40	0	0	220	182	5	17	840
Peanut												
8 oz. Peanut Mudslide	1	390	170	19	8	0	0	54	41	2	6	210
Small Peanut Mudslide	1	650	300	33	13	0	0	84	64	5	12	320
Medium Peanut Mudslide	1	930	430	48	18	0	0	117	89	7	18	430
Large Peanut Mudslide	1	1300	590	66	25	0	0	167	127	10	24	630
CARAMEL SLIDES												
Oreo												
Small Oreo Caramel Slide	1	760	170	19	11	0	15	146	106	< 1g	4	590
Medium Oreo Caramel Slide	1	1090	240	27	16	0	20	210	152	1	6	850
Large Oreo Caramel Slide	1	1510	340	38	23	0	30	293	212	2	8	1180
Butterfinger												
Small Butterfinger Caramel Slide	1	790	180	21	14	0	15	152	113	2	4	590
Medium Butterfinger Caramel Slide	1	1140	260	29	20	0	20	220	162	2	6	840
Large Butterfinger Caramel Slide	1	1580	370	41	28	0	30	305	225	3	8	1170
Reese's												
Small Reese's Caramel Slide	1	810	210	24	14	0	15	148	116	1	6	630
Medium Reese's Caramel Slide	1	1170	300	34	20	0	25	213	166	2	10	900
Large Reese's Caramel Slide	1	1630	420	48	28	0	35	296	231	3	13	1250
Peanut												
Small Peanut Caramel Slide	1	870	310	35	13	0	15	133	97	4	14	510
Medium Peanut Caramel Slide	1	1260	260	51	18	0	20	190	139	6	21	730
Large Peanut Caramel Slide	1	1740	625	70	26	0	30	265	194	7	27	1028
Peanut Turtle												
Small Peanut Turtle Slide	1	995	345	38	16	0	14	155	119	5	15	495
Medium Peanut Turtle Slide	1	1450	500	56	23	0	20	224	172	7	22	850
Large Peanut Turtle Slide	1	1990	690	77	32	0	30	311	238	10	30	1190
OTHER												
Waffle Cone	1	340	75	8	7	0	0	58	40	0	0	225

Item	Serv Size	Cal	Fat Cal	Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Carbs g	Sugars g	Fiber g	Protein g	Sodium mg
BEVERAGES												
Orange Juice Slush												
Small Orange Juice Slush	1	165	0	0	0	0	0	39	33	0	3	0
Medium Orange Juice Slush	1	220	0	0	0	0	0	52	44	0	4	0
Large Orange Juice Slush	1	330	0	0	0	0	0	78	66	0	6	0
Iced Tea												
Kid Iced Tea	1	0	0	0	0	0	0	0	0	0	0	0
Small Iced Tea	1	0	0	0	0	0	0	0	0	0	0	0
Medium Iced Tea	1	0	0	0	0	0	0	0	0	0	0	0
Large Iced Tea	1	0	0	0	0	0	0	0	0	0	0	0
Sweet Tea												
Kid Sweet Tea	1	380	0	0	0	0	0	101	101	0	0	0
Small Sweet Tea	1	540	0	0	0	0	0	145	145	0	0	0
Medium Sweet Tea	1	730	0	0	0	0	0	195	195	0	0	0
Large Sweet Tea	1	920	0	0	0	0	0	246	246	0	0	0
BEVERAGES												
FOUNTAIN DRINKS												
Diet Dr. Pepper												
Kid Diet Dr. Pepper No Ice	1	0	0	0	0	0	0	0	0	0	0	85
Kid Diet Dr. Pepper 75% Ice	1	0	0	0	0	0	0	0	0	0	0	20
Small Diet Dr. Pepper No Ice	1	0	0	0	0	0	0	0	0	0	0	120
Small Diet Dr. Pepper 75% ice	1	0	0	0	0	0	0	0	0	0	0	30
Medium Diet Dr. Pepper No Ice	1	0	0	0	0	0	0	< 1g	0	0	0	190
Medium Diet Dr. Pepper 75% ice	1	0	0	0	0	0	0	0	0	0	0	50
Large Diet Dr. Pepper No Ice	1	0	0	0	0	0	0	< 1g	0	0	0	260
Large Diet Dr. Pepper 75% Ice	1	0	0	0	0	0	0	0	0	0	0	65
Diet Pepsi												
Kid Diet Pepsi No Ice	1	0	0	0	0	0	0	0	0	0	0	65
Kid Diet Pepsi 75% Ice	1	0	0	0	0	0	0	0	0	0	0	40
Small Diet Pepsi No Ice	1	0	0	0	0	0	0	0	0	0	0	95
Small Diet Pepsi 75% ice	1	0	0	0	0	0	0	0	0	0	0	60
Medium Diet Pepsi No Ice	1	0	0	0	0	0	0	0	0	0	0	150
Medium Diet Pepsi 75% Ice	1	0	0	0	0	0	0	0	0	0	0	95
Large Diet Pepsi No Ice	1	0	0	0	0	0	0	0	0	0	0	205
Large Diet Pepsi 75% ice	1	0	0	0	0	0	0	0	0	0	0	130
Dr. Pepper												
Kid Dr. Pepper No Ice	1	170	0	0	0	0	0	46	45	0	0	45
Kid Dr. Pepper 75% Ice	1	105	0	0	0	0	0	27	27	0	0	25
Small Dr. Pepper No Ice	1	240	0	0	0	0	0	65	64	0	0	60
Small Dr. Pepper 75% ice	1	150	0	0	0	0	0	39	38	0	0	35
Medium Dr. Pepper No Ice	1	380	0	0	0	0	0	104	102	0	0	90
Medium Dr. Pepper 75% Ice	1	230	0	0	0	0	0	64	63	0	0	55
Large Dr. Pepper No Ice	1	530	0	0	0	0	0	143	140	0	0	125
Large Dr. Pepper 75% Ice	1	325	0	0	0	0	0	88	87	0	0	75
Pepsi												
Kid Pepsi No Ice	1	180	0	0	0	0	0	48	48	0	0	40
Kid Pepsi 75% Ice	1	110	0	0	0	0	0	30	30	0	0	25
Small Pepsi No Ice	1	250	0	0	0	0	0	69	69	0	0	55
Small Pepsi 75% Ice	1	160	0	0	0	0	0	43	43	0	0	35
Medium Pepsi No Ice	1	410	0	0	0	0	0	110	110	0	0	85
Medium Pepsi 75% Ice	1	250	0	0	0	0	0	69	69	0	0	55
Large Pepsi No Ice	1	560	0	0	0	0	0	152	151	0	0	120
Large Pepsi 75% Ice	1	350	0	0	0	0	0	95	95	0	0	75

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BEVERAGES												
Wild Cherry Pepsi												
Kid Wild Cherry Pepsi No Ice	1	195	0	0	0	0	0	49	49	0	0	40
Kid Wild Cherry Pepsi 75% Ice	1	115	0	0	0	0	0	30	30	0	0	25
Small Wild Cherry Pepsi No Ice	1	260	0	0	0	0	0	62	62	0	0	55
Small Wild Cherry Pepsi 75% Ice	1	165	0	0	0	0	0	39	39	0	0	35
Medium Wild Cherry Pepsi No Ice	1	410	0	0	0	0	0	112	112	0	0	90
Medium Wild Cherry Pepsi 75% Ice	1	265	0	0	0	0	0	70	70	0	0	60
Large Wild Cherry Pepsi No Ice	1	565	0	0	0	0	0	154	154	0	0	125
Large Wild Cherry Pepsi 75% Ice	1	350	0	0	0	0	0	97	97	0	0	75
Mountain Dew												
Kid Mountain Dew No Ice	1	190	0	0	0	0	0	51	51	0	0	60
Kid Mountain Dew 75% Ice	1	120	0	0	0	0	0	32	32	0	0	35
Small Mountain Dew No Ice	1	270	0	0	0	0	0	73	73	0	0	85
Small Mountain Dew 75% Ice	1	170	0	0	0	0	0	46	46	0	0	55
Medium Mountain Dew No Ice	1	430	0	0	0	0	0	117	117	0	0	135
Medium Mountain Dew 75% Ice	1	270	0	0	0	0	0	73	73	0	0	85
Large Mountain Dew No Ice	1	600	0	0	0	0	0	161	160	0	0	185
Large Mountain Dew 75% Ice	1	360	0	0	0	0	0	95	94	0	0	110
Tropicana Lemonade												
Kid Lemonade No Ice	1	195	0	0	0	0	0	49	49	0	0	40
Kid Lemonade 75% Ice	1	115	0	0	0	0	0	30	30	0	0	25
Small Lemonade No Ice	1	260	0	0	0	0	0	62	62	0	0	55
Small 75% Ice	1	165	0	0	0	0	0	39	39	0	0	35
Medium Lemonade No Ice	1	410	0	0	0	0	0	112	112	0	0	90
Medium Lemonade 75% Ice	1	265	0	0	0	0	0	70	70	0	0	60
Large Lemonade No Ice	1	565	0	0	0	0	0	154	154	0	0	125
Large Lemonade 75% Ice	1	350	0	0	0	0	0	97	97	0	0	75
Starry												
Kid Starry Mist No Ice	1	180	0	0	0	0	0	47	47	0	0	40
Kid Starry Mist 75% Ice	1	110	0	0	0	0	0	30	30	0	0	25
Small Starry Mist No Ice	1	260	0	0	0	0	0	68	68	0	0	55
Small Starry Mist 75% Ice	1	160	0	0	0	0	0	42	42	0	0	35
Medium Starry Mist No Ice	1	410	0	0	0	0	0	108	108	0	0	90
Medium Starry Mist 75% Ice	1	260	0	0	0	0	0	68	68	0	0	55
Large Starry Mist No Ice	1	560	0	0	0	0	0	149	149	0	0	120
Large Starry Mist 75% Ice	1	350	0	0	0	0	0	93	93	0	0	75
Fruit Punch												
Kid Fruit Punch No Ice	1	200	0	0	0	0	0	53	52	0	0	40
Kid Fruit Punch 75% Ice	1	120	0	0	0	0	0	33	33	0	0	25
Small Fruit Punch No Ice	1	280	0	0	0	0	0	75	75	0	0	60
Small Fruit Punch 75% Ice	1	180	0	0	0	0	0	47	47	0	0	35
Medium Fruit Punch No Ice	1	450	0	0	0	0	0	120	120	0	0	95
Medium Fruit Punch 75% Ice	1	280	0	0	0	0	0	75	75	0	0	60
Large Fruit Punch No Ice	1	620	0	0	0	0	0	165	165	0	0	130
Large Fruit Punch 75% Ice	1	390	0	0	0	0	0	103	103	0	0	80
Root Beer												
Kid Root Beer No Ice	1	170	0	0	0	0	0	46	46	0	0	50
Kid Root Beer 75% Ice	1	100	0	0	0	0	0	29	28	0	0	30
Small Root Beer No Ice	1	240	0	0	0	0	0	65	65	0	0	75
Small Root Beer 75% Ice	1	150	0	0	0	0	0	41	41	0	0	45
Medium Root Beer No Ice	1	380	0	0	0	0	0	104	104	0	0	120
Medium Root Beer 75% Ice	1	240	0	0	0	0	0	65	65	0	0	75
Large Root Beer No Ice	1	530	0	0	0	0	0	143	143	0	0	160
Large Root Beer 75% Ice	1	330	0	0	0	0	0	90	90	0	0	100